

# How to use your **ELLIPTA Inhaler:**

When you first receive your prescribed medicine, the ELLIPTA inhaler will be in the "closed" position. Write the "Discard by" date on the inhaler label in the space provided. The "Discard by" date is 6 weeks from the date you open the tray.

The ELLIPTA inhaler is ready to use straight from the packaging. You do not need to prime it before using it the first time. Do not shake the ELLIPTA inhaler.

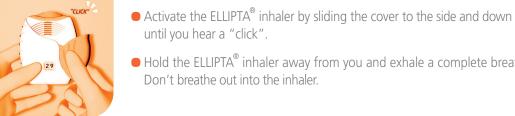
Only open the ELLIPTA inhaler when you are ready to take a dose. If you open and close the cover without inhaling the medicine, you will lose the dose.



# How do I use my ELLIPTA inhaler?

**Step-by-step instructions** 

#### 1. OPEN



## • Hold the ELLIPTA<sup>®</sup> inhaler away from you and exhale a complete breath. Don't breathe out into the inhaler.

### 2. INHALE

- Put the mouthpiece between your lips and close your lips firmly around it.
- Do not block the air vent with your fingers.
- Take one long, steady, deep breath and hold for as long as possible (at least 3-4 seconds).

## 3. CLOSE

- Remove the inhaler from your mouth and exhale slowly. Continue to breathe normally.
- Clean the mouthpiece of the inhaler with a clean dry tissue.
- Slide the cover upwards as far as it will go.

Rinse your mouth with water after use. Be sure not to swallow the water.

For complete instructions, see the Patient Information leaflet that comes with your medicine.



